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HEALING THE PAST TO BUILD THE FUTURE

Today I am releasing information that has never been shared in this form before, because it comes from the Other Side, through conversations that gradually unfolded as I was given the opportunity to question Jezya directly. When she first entered our star system, she came as a trade ambassador, not as a historian. The Kiily-Tokurt, as she explained it to me, had never regarded the details of our terrestrial history as particularly important to them; their interests were elsewhere, shaped by commerce, diplomacy, interstellar relations, and the concerns of their own civilization. Yet as our

conversations continued and my questions became increasingly precise, Jezya began informing herself between our meetings, consulting information available to her and returning with answers that grew more detailed with each interview. Over the course of nine extraordinary days, what began as an exchange with a visiting ambassador gradually became something far deeper, leading us into aspects of Earth’s hidden history that were sometimes fascinating, sometimes illuminating, and at other moments profoundly difficult to hear.

All of my unedited interviews with Jezya have been made freely available through my Star Nation News reports on YouTube, because I believe that people should be able to hear her words directly and form their own understanding of what was communicated. Yet the density of the information, the historical connections that emerged from one conversation to the next, and the necessity of placing these revelations within a coherent chronology eventually convinced me that the interviews alone were not enough. I therefore decided to write a book in which this material could be examined more carefully, documented, contextualized, and compared with the testimonies, records, allegations, and historical events that have accumulated around these subjects for decades, allowing the reader to follow the threads rather than encounter them only as isolated fragments of conversation.

For a long time, I believed that envisioning a better future was enough, because vision possesses an extraordinary creative power and the future we repeatedly imagine can indeed become something toward which consciousness begins to move. I still believe this deeply, yet I have come to understand that a beautiful vision cannot remain stable if it is constructed upon foundations that have never been examined. Before something enduring can be built, the ground beneath it must be cleared, and this inevitably means turning toward the shadows of the past rather than attempting to transcend them through denial. We cannot simply imagine ourselves beyond unresolved history, because what remains unacknowledged continues to influence us from beneath the surface, shaping our fears, our institutions, our collective wounds, and even the choices we make without understanding why we make them. Moving forward therefore requires more than hope; it requires the courage to look backward with enough honesty to understand what must no longer be carried with us.

We need to know in order to heal, and healing is not always gentle,

because truth itself is not obliged to arrive in a form that makes us comfortable. During the underground conflicts of 2021, Thor Han once told me, *“Sometimes things are not said because of some secrecy but because it is so horribly disturbing that we cannot put words onto it.”* At the time, I understood the meaning of those words intellectually, but only later, listening to some of what Jezya had to tell me, did I fully comprehend their emotional weight. There were moments when what I heard was deeply disturbing, when my first reaction was to recoil from the implications and wish that certain things could somehow remain outside the boundaries of what I needed to know, yet confronting them ultimately produced the opposite effect from what I had feared: instead of weakening me, they forced me to become stronger, more discerning, and more mature.

There is a difference between innocence and maturity, and perhaps humanity now stands precisely at that threshold. Innocence wishes to believe that darkness disappears when we refuse to look at it, while maturity understands that we can acknowledge what has happened without allowing it to define what comes next. To face the past is not to become imprisoned by it; it is to deprive it of the power it exercises through secrecy, denial, fear, and unconscious repetition. What I learned through these conversations changed me because I could no longer look at the future as something that could simply be imagined into existence without first understanding the forces that had shaped the present. I had to grow through what I heard, to move beyond the emotional shock and search for the meaning hidden behind it, and in doing so I discovered that knowledge, even when painful, can become a form of liberation when it is approached with courage rather than fear.

I grew through this process, and I believe others can as well, because humanity itself must eventually undergo the same passage from innocence into responsibility. We cannot build a truly different future while remaining afraid to examine the foundations of the world we inherited, nor can we heal wounds whose existence we refuse to acknowledge. There will be truths that challenge us, histories that disturb us, and revelations that force us to reconsider assumptions we once regarded as permanent, but perhaps this discomfort is not the end of hope; perhaps it is the beginning of a deeper and more resilient form of it, one no longer dependent upon ignorance but rooted instead in understanding. So will you grow from it. And, in time, so will humanity.

With Love,
Sumaa